




TIMETABLE

Orana Yoga & Wellbeing

All equipment is provided | BYO water bottle
Wear comfortable clothes
Please arrive 5-10 minutes before class starts

 146 High St, Wodonga VIC 3690

MONDAY

4:00 – 5:00 pm
Kids Yoga (3 – 5 yrs) with Bel

5:30 – 7:00 pm
Dru Yoga with Zoe

TUESDAY

10:00 – 11:30 am
Yoga with Cindy

5:45 – 7:15 pm
Yoga with Cindy

WEDNESDAY

9:30 – 10:30 am
Vinyasana Flow With Maree

6:00 – 7:30 pm
Yoga with Cindy

THURSDAY

8:30 – 10:00 am
Yoga with Cindy

5:30 – 7:00 pm
Dru Yoga with Zoe


FRIDAY

9:30 – 10:30 am
Vinyasana Flow With Maree

SATURDAY

SUNDAY

4:00 – 5:00 pm
Restorative Yoga with Maree

 Please contact the class teacher for more information, prices and bookings:

Cindy	0407 789 529	Zoe	0418 294 763	Maree	0407466112
Bel	0413 591 122				