



# TIMETABLE

## Orana Yoga & Wellbeing

All equipment is provided | BYO water bottle  
Wear comfortable clothes  
Please arrive 5-10 minutes before class starts

146 High St, Wodonga VIC 3690

### MONDAY

4:00 – 5:00 pm  
**Kids Yoga (3 – 5 yrs)** with Bel

5:30 – 7:00 pm  
**Dru Yoga** with Zoe

### TUESDAY

10:00 – 11:30 am  
**Yoga** with Cindy

5:45 – 7:15 pm  
**Yoga** with Cindy

### WEDNESDAY

9:30 – 10:30 am  
**Vinyasana Flow** With Maree

6:00 – 7:30 pm  
**Yoga** with Cindy

### THURSDAY

8:30 – 10:00 am  
**Yoga** with Cindy

5:30 – 7:00 pm  
**Dru Yoga** with Zoe

### FRIDAY

9:30 – 10:30 am  
**Vinyasana Flow** With Maree

### SATURDAY

### SUNDAY

4:00 – 5:00 pm  
**Restorative Yoga** with Maree



Please contact the class teacher for more information, prices and bookings:

Cindy 0407 789 529

Zoe 0418 294 763

Maree 0407466112

Bel 0413 591 122